



# GOULD LAKE OUTDOOR CENTRE

Limestone District School Board

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## OUTDOOR PURSUITS & OUTDOOR SKILLS

*For Grade 9-11 Graduates*



**Outdoor Pursuits (OP) & Outdoor Skills (OS)** are companion programs designed to be taken after our Outreach program. These 18 and 16- day programs respectfully, focus on refining a wide range of wilderness skills and expanding student's leadership abilities. As each program explores new terrain and requires a new skill set, OP and OS can be taken in any order before continuing on to our instructor level programs, WIC and KIC.

Beyond the challenges created by new locations and new skills, students will take on a larger role in trip planning and leadership, campcraft (cooking, camp setup, critter-proofing) and environmental stewardship.

**Outdoor Pursuits** combines an 8-day canoe trip in Killarney Provincial Park or the Temagami Wilderness Area with a 7-day hiking trip to the Adirondack High Peaks Region in New York State.

**Outdoor Skills** combines a 9-day kayak trip on Georgian Bay with a 4-day moving water canoe course at Palmer Rapids on the Madawaska River. The wide open horizon of Georgian Bay provides a unique backdrop for Ontario, while, Palmer Rapids is considered a top spot for safely learning moving water canoeing.

### Outdoor Pursuits 2019

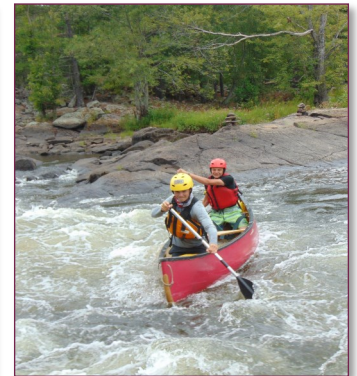
**Session 1:** July 1 - 19

**Session 2:** July 24 - August 11

**Cost:** \$845 (taxes included)

**Credit:** PAD30 (1.0 credit, PHE)

**Certifications:** (for qualifying students)  
ORCKA Canoe Tripping Level 1



### Outdoor Skills 2019

**Session 1:** July 7- 24

**Session 2:** July 21- August 7

**Session 3:** August 10 - 27

**Cost:** \$845 (taxes included)

**Credit:** PAD40 (1.0 credit, PHE)

**Certifications:** (for qualifying students)  
ORCKA Flatwater Kayaking  
ORCKA Moving Water Level 1A



**REGISTRATION STARTS DECEMBER 1ST, 2018!**

Applications will be accepted online at [www.gouldlake.ca](http://www.gouldlake.ca) Please refer to our website for registration details. Feel free to call our office should you have any questions or concerns, **613.376.1433**.