



GOULD LAKE OUTDOOR CENTRE

Limestone District School Board

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WILDERNESS INSTRUCTOR COURSE

For Grade 10-12 Graduates



WIC is where it all comes together! The objective of this course is to prepare students to be potential wilderness instructors, qualified to work in the outdoor industry. It is divided into three main components. The first is a 16-day course that includes a 14-day, 320km river trip down the historical voyageur route on the Missinaibi and Moose Rivers to Moosonee, on James Bay in Northern

Ontario. Along the way, students are given numerous leadership tasks, training and feedback to help them develop their leadership skills & styles. This is their first exposure to northern wilderness conditions and long physical days. Throughout this excursion, students will have the opportunity to work towards achieving their ORCKA Canoe Tripping Level 2 certification.

The second component to the WIC course will give students the opportunity to work towards obtaining their ORCKA Canadian Style Paddling Level 2 certification. Both of these ORCKA certifications are assets if outdoor leadership and remote wilderness tripping are in the students' future.

The third component involves a 16-day **instructor-in-training placement** with another Gould Lake Program(s). During these placements, WIC's will be involved in teaching lessons to younger students and further developing their trip leadership.

The Missinaibi River is wild, beautiful and unspoiled; one of the last great northern rivers. Many will consider it the river trip of a lifetime! The spectacular scenery of the northern Canadian Shield gives way to the Hudson Bay lowlands.

Historic portages were well worn by moccasins of the fur trade era, but are now overgrown. You are entering true wilderness. The scale of these rivers must be paddled to be appreciated. Before the first glimpse of white water, lessons will be given on safety, moving water rescue and judgement. Depending on the water levels, this trip could be the portage of a lifetime or a pleasant paddle the whole length of the river.

As you get closer to the James Bay tidal zone, the trees approach the limits of their tolerance in this severe climate. This is "land of little sticks", the transition zone before the Arctic tundra begins. Welcome to Moosonee and Moose Factory!

When you arrive in Moose Factory, at the mouth of the Moose River, you will have the chance to experience the Cree Eco-Lodge and tour Moose Factory before you board the Polar Bear Express across the river in Moosonee to start your journey home.



WIC 2019 Details

Missinaibi River Trip: June 29– July 15

Canadian Style Paddling: Aug 25 & 26 / 27 & 28

Cost: \$1100 (taxes included)

Credits: PLF4M(1.0 credit, PHE)
PLF4M (1.0 credit, COOP)

Certifications: (for qualifying students)

ORCKA Canoe Tripping Level 2

ORCKA Canadian Style Paddling Level 2

Prerequisites: ORCKA Moving Water Level 1A
ORCKA Canoe Tripping Level 1



REGISTRATION STARTS DECEMBER 1ST, 2018!

Applications will be accepted online at www.gouldlake.ca Please refer to our website for registration details. Feel free to call our office should you have any questions or concerns, 613.376.1433.